

July 2018 Featured Agency of the Month Changing Tides Family Services



WHO IS CHANGING TIDES FAMILY SERVICES?

Nestled on the "Lost Coast" side of the "Redwood Curtain," Changing Tides Family Services is a dynamic full service agency dedicated to increasing the health and success of children, youth, families and individuals in Humboldt County. Guided by a dedicated staff and a committed Board of Directors, our organization was established in changing tides 1975 as the Humboldt Child Care Council, and has grown to employ over 200 full and part time staff who cover more than 4,000 square family services miles in providing an array of child care, behavioral health, and special needs services. We are proud of our knowledgeable and caring

employees - some of whom have more than two decades with the organization - and of the wide range of services we provide to thousands of people in our community.

Our passion for the wellbeing and success of children and families in our community has been rooted in diverse representation on our Board, in our staff, and from our partnerships from almost every public and private sector of Humboldt County, including local industry, higher education, private business, healthcare, and our local tribal nations.

We are dedicated to helping children, families and parents find and make best use of the resources within and around them while strengthening our community's ability to improve the quality of life for all families.

WHAT SERVICES ARE OFFERED?

- Services for almost 1,000 children across our network of child care programs, including FCCHEN (CFCC and CCTR), EHS-CCP, CAPP, and CalWORKS Stages 1, 2 and 3 funding streams, so their parents can work, attend school, or obtain training
- Early Head Start services for over 50 children 0-3 in conjunction with placement with Family Child Care Home providers
- Emergency child care and related support for resource/foster families
- Professional development training and support to over 300 child care and ECE professionals, including professional coaching support through the Quality Counts Humboldt QRIS program
- Resource & Referral Agency for our area, providing child care referrals to almost 1,000 parents and caregivers
- Respite and parent support services to over 200 families and individuals with disabilities
- Specialty mental health services, including mental health case management, individual and group therapy
- CalFresh Outreach Services to families, child care providers, playgroups, and other local community organizations about CalFresh benefits, while supporting healthy lifestyles through family events and active play demonstrations
- Supervised Visitation services to 62 families
- Business startup and technical assistance to increase the supply and quality of licensed and exempt child care throughout Humboldt County
- Reimbursement of almost 300,000 meals and snacks served to 1,540 children throughout Humboldt County's family child care home system
- Therapeutic behavioral services to over 200 children and youth in 24 schools and 19 community locations
- In-home visiting services, including parent education and skill development for parents and families where at least one of the parents has a developmental delay.
- Therapeutic mental health services focused exclusively on children ages 0-5 and their families

Changing Tides Family Services 2259 Myrtle Avenue, Eureka, CA 95501. Call 707-444-8293 or 1-800-795-3554 or visit www.changingtidesfs.org

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