

Lunch + Coffee Options within Walking Distance of the State Capitol

☘ Casual & Affordable (Budget–Midrange)

These are great for quick lunch, casual dining, or mid-priced meals — easy to walk to from the Swing Space or Capitol:

Inside the Capitol & Swing Space: Capitol Dining Services – *Statehouse Outpost* (Swing Space, 3rd floor) and *Statehouse Eatery* (Capitol, basement) serve lunch and coffee on weekdays, if you want a super-convenient bite without leaving the building.

Close to Swing Space

- **La Bou** – Quick service, with a diverse menu of fresh baked goods, sandwiches, paninis, and coffee drinks, this spot is a solid option for breakfast and lunch.
- **Thirtyfour Mexican Cantina** - Mexican restaurant with reasonably priced food, drinks, and daily specials.
- **Kindred Seoul** – Korean food located inside the Clifford Allenby Building

Further Walk

- **Cafe Connection** – Caribbean sandwiches & wraps.
- **Cafeteria 15L** – Classic American comfort fare and relaxed vibe.
- **Sushi Paradise** –Japanese restaurant with delicious sushi.
- **Upper Crust Pizza** – Pizza by the slice and sandwiches.
- **Capitol Garage** – American pub fare with burgers, tacos, and casual plates.

🍷 Sit-Down & Upscale Lunch

Great for a nicer midday meal:

- **Tequila Museo Mayahuel** - Upscale, authentic Mexican food.
- **Prelude Kitchen & Bar** – Highly rated modern American restaurant.
- **Frank Fat's** - legendary modern Chinese cuisine and unparalleled service.
- **Ella Dining Room & Bar**- Serves New American, farm-to-fork cuisine.

☕ Coffee + Tea Suggestions

For a mid-day pick me up:

- **Inside the Capitol & Swing Space:** *Statehouse Outpost* (Swing Space, 3rd floor) and *Statehouse Eatery* (Capitol, basement) serve coffee and tea until 3pm
- **(Close to Swing Space) Barrio Downtown** – open until 1pm
- **(Close to Swing Space) The State Grind** – open until 2pm
 - Located inside the Clifford Allenby Building
- **Starbucks on 10th & L** – open until 8pm
- **Chocolate Fish Coffee Roasters on 12th & L** – open until 5pm