

---

---

---

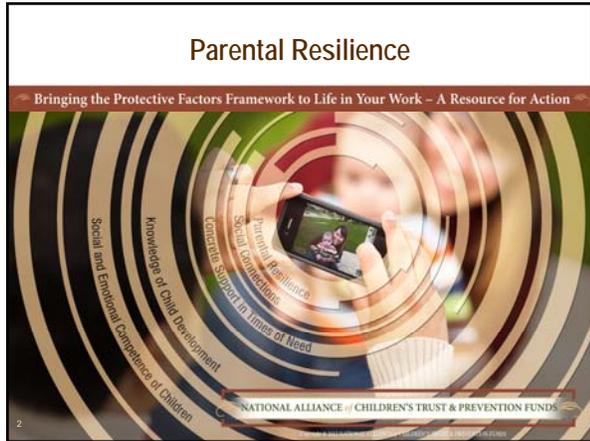
---

---

---

---

---



---

---

---

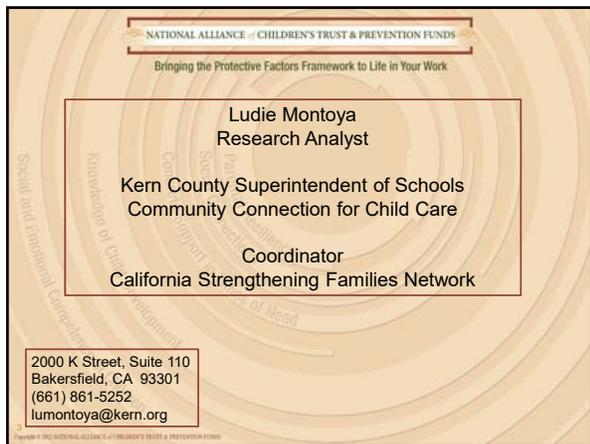
---

---

---

---

---



---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

### Outline

1 INTRODUCTION

- What Is Resilience?
- What Does Resilience Look Like?
- Goals and Objectives of the Training
- A Parent's Perspective

2 FOCUS

- Why Resilience Is so Important
- First Step to Developing Resilience
- Life Stories to Help Build Resilience
- A Practical Look at Resilience

4

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

### Outline

3 FRAMEWORK

- The Pathway to Improved Outcomes for Children and Families
- Valuing and Supporting Parents

4 ACTION

- Looking at Strengths from a Different Perspective
- Building Partnerships with Parents Benefits Everyone
- Responding to Family Crises
- Summary

5

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

### Essential Elements

- What is Resilience and what does it look like?
- Everyday Actions that Build Resilience:
  - Valuing and Supporting Parents
  - Honoring Each Family's Culture
  - Responding to Family Crises
  - Building Partnership with Parents to Benefit Everyone

2-Hour Training Session

6

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

# Perspective

Resilience  
Connections  
Support in Times of Need  
Knowledge of Child Development  
Social and Emotional Competence of Children

7  
© NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

## Three Common Threads Throughout the Curriculum



1. **The Strengthening Families™ Protective Factors Framework** – Understanding and communicating the importance of how to use the framework as we go about our everyday work.
2. **The importance of culture** – How culture impacts families as they seek to build protective factors and how our own culture shapes how we individually feel, act and think.
3. **The critical role parents play in strengthening families** – Viewing parents as valuable partners in every phase of the work we do.

8  
© NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work



## Goals

- Define and recognize signs of parental resilience.
- Identify actions you can take to help parents build their resilience in your work.
- Give examples of program efforts to value and support parents.
- Give examples of program efforts to respond to family crises.
- Identify steps you will take to integrate these ideas into your work.

9  
© NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

## Defining Resilience

10  
© 2018 NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

## Resilience Blocks

11  
© 2018 NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

- Think of a time that you needed to be resilient.
- Arrange the blocks that illustrates the role each block played in helping you "bounce back" from the challenging situation.
- The bottom layer of the pyramid should include the traits and skills that are the foundation or groundwork for resilience.
- The next layer includes steps people need to take in order to manage stress and continue to function well, even in the midst of and through challenging times.
- The top two layers represent steps that are only possible when added to the strong foundation already built that demonstrate an actual increase in resilience.

12  
© 2018 NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

### Parental Resilience Don's Resilience

- Can you identify with Don's struggles?
- Who does he identify as "always being there for him"?
- What systems did he have to navigate to get his little girl the services she needed?
- How did Don's support group help him to overcome some of the challenges he faced?

14

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

### An Old Quaker Exercise

14

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

### Shape of Things to Come

15

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE OF CHILDREN'S TRUST & PREVENTION FUNDS  
 Bringing the Protective Factors Framework to Life in Your Work

**Box (square):** Hard worker; dependable; detail oriented; collector of data; likes to work independently.

**Triangle:** Upwardly mobile; shows leadership qualities; energetic; task and result oriented.

**Rectangle:** A shape in transition; can't decide what shape it wants to be; explorer; risk taker.

**Circle:** Interested in harmony; wants people to feel good about themselves; nurturer; people pleaser.

**Squiggle:** Innovative; unique; can be a bit disorganized; multi-tasker; likes several things going on at once.

16

---

---

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE OF CHILDREN'S TRUST & PREVENTION FUNDS  
 Bringing the Protective Factors Framework to Life in Your Work

### Life Stories that Help Build Resilience

The "Do You Know" Scale

- Knowledge of heritage and family history
- Family stories usually told by mothers or grandmothers at family gatherings
- Often to teach a lesson or to help children get through physical or emotional hurts
- A "secret family recipe" for resilience

17

---

---

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE OF CHILDREN'S TRUST & PREVENTION FUNDS  
 Bringing the Protective Factors Framework to Life in Your Work

### The Pathway to Improved Outcomes for Children and Families

18

---

---

---

---

---

---

---

---

---

---



NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

### The Cracked Pot



Each of us has our own unique flaw. But it's the cracks and flaws we each have that make our lives together so very interesting and rewarding.  
No one is perfect – sometimes our flaws are our strengths.

22  
© 2018 NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work

### A GOOD IDEA

23  
© 2018 NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
Bringing the Protective Factors Framework to Life in Your Work



24  
© 2018 NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

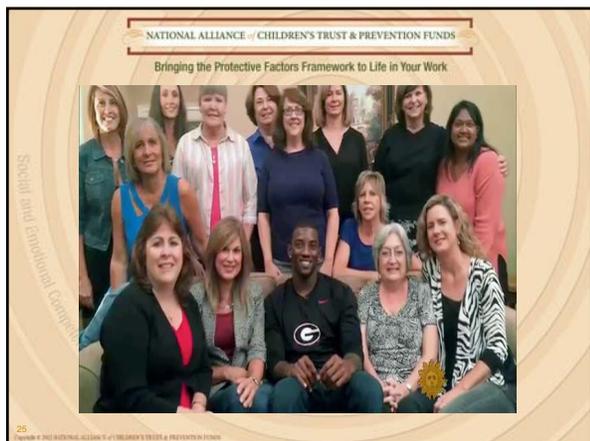
---

---

---

---

---




---

---

---

---

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
 Bringing the Protective Factors Framework to Life in Your Work

The Alliance has joined with Casey Family Programs to create the Birth Parent National Network (BPNN) which is working to promote and champion birth parents as leaders and strategic partners in child welfare system reform. Listen as birth parent Nancy V. shares about the importance of resilience in her experiences with the child welfare system.

*Bringing the Protective Factors Framework to Life in Your Work - A Resource for Action in Child Welfare*

**Nancy V.**  
 Age 36  
 Michigan  
 Family Advocate Office Manager

---

---

---

---

---

---

---

---

---

---

---

---

NATIONAL ALLIANCE of CHILDREN'S TRUST & PREVENTION FUNDS  
 Bringing the Protective Factors Framework to Life in Your Work

### Essential Elements

- What is Resilience? What does it look like?
- How Parental Resilience Fits Into the Framework (logic model)
- **Everyday Actions that Build Resilience:**
  - Valuing and Supporting Parents
  - Honoring Each Family's Culture
  - Responding to Family Crises
  - Building Partnership with Parents to Benefit Everyone

2-Hour Training Session

---

---

---

---

---

---

---

---

---

---

---

---



**NATIONAL ALLIANCE**  
of  
**CHILDREN'S TRUST & PREVENTION**  
FUNDS

www.ctfalliance.org

**The National Alliance of Children's Trust and Prevention Funds:**

- Ensures all states have a strong and effective children's trust or prevention fund capable of leading and investing in strategies, policies and best practices that prevent child abuse and neglect before it occurs.
- Initiates and engages in national efforts that help state children's trust and prevention funds in strengthening families to prevent child abuse and neglect.
- Promotes and supports a system of services, laws, practices and attitudes that supports families by enabling them to provide their children with safe, healthy and nurturing childhoods.

28  
© 2018 NATIONAL ALLIANCE OF CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

---

---

---

---

---



**NATIONAL ALLIANCE** of **CHILDREN'S TRUST & PREVENTION FUNDS**

Bringing the Protective Factors Framework to Life in Your Work

**Contact**

- If you have questions about *Bringing the Protective Factors Framework to Life in Your Work*, please contact the Alliance at:
  - [info@ctfalliance.org](mailto:info@ctfalliance.org)
- If you are interested in participating in a Training for Trainers for *Bringing the Protective Factors Framework to Life in Your Work*, please contact the Alliance at:
  - [tot@ctfalliance.org](mailto:tot@ctfalliance.org)

29  
© 2018 NATIONAL ALLIANCE OF CHILDREN'S TRUST & PREVENTION FUNDS

---

---

---

---

---

---

---

---