



The CAPPA Children's Foundation Presents



THE CHILD DEVELOPMENT CENTERS WEBINAR SERIES OF 2013

**Webinar Descriptions &
Information**

CAPPA Children's Foundation
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DETAILS & INFORMATION

Register for the Child Development Centers Webinar Series Today!

CAPPA Children's Foundation brings you an ALL NEW Series of cutting edge trainings, all for one low price per center or program location. There is no limit to the number of people from your center who can view the webinar series and be connected without ever leaving your location. This is a fabulous opportunity to train your ENTIRE staff on the most requested child care topics for 2013 at an affordable price in an incredibly convenient format.

Reserve your spot now!

About the Webinar Series

After querying the child care field and receiving your feedback, the CAPPA Children's Foundation has created a relevant webinar series designed with child care centers, directors, teachers and staff in mind. A few of the topics this 2013 webinar series will cover include:

- **Creating A Class Newsletter and Blog**
- **Dealing with Difficult Parents**
- **Anti-Bias Curriculum Tools for Empowering Young Children**
- **Nutrition and Fun Exercises For Children**
- **Get Outside! Exploring nature with and assessing growth of young children**

Here's How it Works

During the third week of every month in 2013, a webinar DVD will be sent to each participating organization. You can set it up in a conference room and have all your staff view the 60 minute webinar presentation, or you can add it to your training library and have staff check out the DVD. Each participant will also receive any accompanying handouts for note taking as well as a certificate that may be used for professional growth hours.

How To Register

The series is only \$900 for an entire year of monthly webinars (purchase 9, get 3 for FREE) or \$99/center location for each individual webinar. There is no limit to the number of people from your center who can view the webinar! Simply register for the entire series for the special discounted rate or register for the individual webinar of your choice. Just fill out the last page of this brochure and fax in to 916-567-6790 or email it to cappa@cappaonline.com. If there are additional staff who will be viewing from your location, just simply email those names and emails to cappa@cappaonline.com, and we will get them registered as well and make sure they receive the handouts.



The CAPP A Children's Foundation Presents
THE CHILD DEVELOPMENT CENTERS WEBINAR SERIES 2013
WEBINAR DESCRIPTIONS

Terrific Teachable Transitions

January 2013

Joan Sandoval, Early Childhood Educator/ Head Teacher, Celebration Christian Preschool

This presentation will include powerful tools for successfully guiding children from one part of the day to another. Transform ho-hum time between activities into learning-filled transitions with this collection of creative ideas!

Living Intentionally

February 2013

Carol Thompson, Executive Director, Child Care Links

This presentation will focus on practices that will assist you in living intentionally using key components. Discover what matters in life and receive tips on how to make small changes to live each day with more intention and without regret.

Creating A Class Newsletter and Blog

March 2013

Natalie Kriger, Child Care Consultant, Nakali Consulting, Inc.

There are so many ways to keep your families informed about class events. The class blog and class newsletter are two of the most popular and simple ways to communicate with parents. On this webinar, we will share these options and several others, along with the tools you need to get started with each.

Dealing with Difficult Parents

April 2013

Cathy Bell, Consultant, Child Educational Center

Dealing with difficult parents is virtually impossible for any educator to escape. You can bet that you aren't going to make everybody happy. You are in a position where it is necessary to make decisions. Many decisions won't be easy. Parents especially will challenge many of your decisions when it comes to their child. This presentation will give you the tips and techniques on how to react to a difficult situation, what to do when a parent is being difficult and how to create harmony in these situations.

Anti-Bias Curriculum Tools for Empowering Young Children

May 2013

Denisha Jones, Ph. D, Assistant Professor of Early Childhood Education, Howard University

An anti-bias curriculum eliminates stereotyping as well as prejudices against groups of people. Successful implementation requires the following elements: establishing an anti-bias school and class environment; teaching about racial differences and similarities; exposing students to and implementing activities involving different disabilities; exploring gender identities; learning about and experiencing different cultures; learning about and applying tools for resisting stereotyping behaviors; and involving parents in anti-bias activities.

Nutrition and Fun Exercises For Children

June 2013

Leah Kalish, MA, CEO / Founder, Move With Me Action Adventures

Research illustrates that healthy habits start in the preschool years and set the stage for active lifestyles in adulthood. Join the fight against childhood obesity and build new fitness activities into your curriculum.



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Avoiding and Solving Behavior Problems Without Anger or Stress

Deborah Paselk, Director, Cornerstone Preschool and Kindergarten, Early Childhood Consultant

July 2013

Learn how to be in charge with love, and without anger or stress. Understand the influences that form child behavior, and the common mistakes made by parents, teachers and caregivers that cause or contribute to child behavior problems. Improve your self-control as you calmly and confidently employ proven, establishing boundaries and developing the child's responsible self-control. Learn practical solutions for daily behavior challenges including aggression, lack of focus, defiance, tantrums, low motivation, and much more.

Using Common Materials to Support Brain Development

Gabriel Guyton MA, M.S.Ed.

August 2013

Infants and toddlers have an extraordinary capacity for attending and learning when provided with the right materials. This session will explore brain development and the adult's role in supporting the learning of our youngest children.

Early Childhood Literacy: Growing Early Readers and Fun Activities for Young Children

Carolyn Brooks, MLS, Branch Manager, El Dorado County Library

September 2013

How can we grow a reader? What is literacy? These topics, plus activities that are age appropriate for stimulating auditory awareness, listening skills, language use and oral motor skills will be presented.

Understanding and Managing ADD/ADHD

Marcia Lee, Educational Trainer, Reading Specialist, ADD/ADHD Consultant, Kids Focus

October 2013

Students who exhibit ADD/ADHD's hallmark symptoms of inattention, hyperactivity, and impulsivity can be frustrating. You know the brainpower is there, but they just can't seem to focus on the material you're working hard to deliver. Plus, their behaviors take time away from instruction and disrupt the whole class. Think of what the school setting requires children to do: Sit still. Listen quietly. Pay attention. Follow instructions. Concentrate. These are the very things kids with ADD/ADHD have a hard time doing — not because they aren't willing, but because their brains won't let them. As a teacher, your role is to evaluate each child's individual needs and strengths. Then you can develop strategies that will help students with ADD/ADHD focus, stay on task, and learn to their full capabilities.

Supporting Families Through the Stress of the Holidays

Patty Wipfler, Program Director and Founder, Hand in Hand Parenting

November 2013

Join Hand in Hand Founder, Patty Wipfler, for a webinar full of helpful insight on how you can reduce stress for children and their families around the holidays or any other time when feelings are running high. For childcare professionals working with children of all ages.

Get outside! Exploring Nature with Young Children

Chris Hume, Founder, Kodo Kids & Diane Spahn, Education Specialist, Kodo Kids

December 2013

Research suggests that a connection to nature is biologically innate; as humans, we have an affinity for the natural world. When children spend most of their time indoors, they miss out. Problems associated with alienation from nature include familiar maladies: depression, obesity, and attention deficit disorder. Kids who have direct access to nature are better learners. Exposure to nature has been shown to reduce stress and increase attention spans. When a child is out in nature, all the senses get activated. He is immersed in something bigger than himself, rather than focusing narrowly on one thing, such as a computer screen. He's seeing, hearing, touching, even tasting. Out in nature, a child's brain has the chance to rejuvenate, so the next time he has to focus and pay attention, perhaps in school, he'll do better.



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REGISTRATION

Complete the following form and submit to the CAPPA Children's Foundation today! Fax back to 916-567-6790.

- I would like to register for the entire series of twelve (12) Child Development Center Webinars for a special discounted price of \$900 (buy 9, get 3 FREE)

If you do not wish to register for the entire series, please select which webinars you would like to register for (\$99 each):

- | | |
|--|---|
| <input type="checkbox"/> Terrific Teachable Transitions
January 2013 | <input type="checkbox"/> Avoiding and Solving Behavior Problems With
out Anger or Stress
July 2013 |
| <input type="checkbox"/> Living Intentionally
February 2013 | <input type="checkbox"/> Using Common Materials to Support Brain
Development
August 2013 |
| <input type="checkbox"/> Creating A Class Newsletter and Blog
March 2013 | <input type="checkbox"/> Rhythm, Music, and Rhyme: Build Reading
With Engaging Activities for Young Learners
September 2013 |
| <input type="checkbox"/> Dealing with Difficult Parents
April 2013 | <input type="checkbox"/> Understanding and Managing ADD/ADHD
October 2013 |
| <input type="checkbox"/> Anti-Bias Curriculum Tools for Empowering
Young Children
May 2013 | <input type="checkbox"/> Supporting Families Through the Stress of the
Holidays
November 2013 |
| <input type="checkbox"/> Nutrition and Fun Exercises For Children
June 2013 | <input type="checkbox"/> Get Outside! Exploring Nature with Young
Children
December 2013 |

Name: _____
Email: _____
Agency: _____
Address: _____
City: _____
Zip: _____
Phone: _____

- I would like to pay by credit card (please note there is a 4.1% processing fee)

Presenters, subjects, and descriptions are subject to change.

All registration fees MUST be received in order for the DVD to be mailed out. After receiving your registration, CAPPA Children's Foundation will send your center or program an invoice for fees. Please make checks payable to CAPPA Children's Foundation. Checks and credit cards accepted.

There will be **no refunds** issued for cancellations. Should the Children's Foundation cancel, a full registration fee refund will be issued.